



## FRUIT SOLUTIONS



# Yoghurt-Coconut Fruit Snack

Makes 1 portion

Preparation time approx. 5 minutes

## Ingredients

- 100 g yoghurt 10% fat, natural
- 100 g ZENTIS Spoonable Smoothie Red Fruits or Yellow Fruits
- 1 tbsp oats
- Coconut flakes

## Method

1. Put the well-chilled yoghurt in a glass
2. Add 100g of Spoonable Smoothie
3. Sprinkle with oats
4. Add coconut as decoration